

2018 - 2019 UUCTC PROGRAM GUIDE



WELCOME

BOLDNESS

We strive for justice and we embrace different beliefs.

COMPASSION

We are invested in the welfare of our fellow human beings, no matter who you are, who you love, or where you are in your journey.

REVERENCE

We unite in spirit through communities of meaning, learning how to better live our values every day.

21 Central Parkway, Stuart, FL 34994
772-223-5020 www.tcuuc.org tcuucs@gmail.com

Membership Committee
UUCTC 2018-19

Unitarian Universalism

Our centuries-old religious tradition is liberal, dedicated to freedom of conscience and humanist ethics.

Our approach to religious questions is rational with an embrace of science and a profound respect for the wisdom of all the world's spiritual traditions.

Our worship is intended to inspire personal transformation and a commitment to social justice.

Our most valued principles are the affirmation of the inherent worth and dignity of all people, and an awareness that all things in the universe are bound in an intimately connected web.

Welcome to the Unitarian Universalist Congregation of the Treasure Coast

We are a welcoming congregation, whether you have come for a first, second or third visit. Our church is frequently described as a “different kind of faith,” a “church without a creed,” or a “liberal religious community.”

These descriptions apply to a certain extent, but they don't truly explain what we stand for. Perhaps the following will strike a chord with you as it does with us:

“We are more interested in getting heaven into people than people into heaven.”

Rev. Christopher Bell

Our congregation exists to help people achieve meaning and purpose in their lives. Our intent is to celebrate life, empower people, care for one another, and help build a better world.

We are a multi-faith community that draws from the wisdom of the world's religions to inspire, engage and transform lives.

We invite you to join in that effort.

UUCTC MISSION STATEMENT:

We are a religious/spiritual community that actively embraces a diversity of people and their beliefs, demonstrates compassion for all life and works for social and environmental justice.



WORSHIP

SUNDAY SERVICE

We offer worship each Sunday at 11am. Our services include music, readings, a sermon, prayer and meditation time, time for sharing the joys and challenges of our lives, and time for quiet reflection. Our sermons strive to be intellectual as well as practical in speaking to the lives we lead while drawing on history, culture, theology, current events, and pressing issues of our time.

Worship is our way of reconnecting to our deepest selves and to what matters most - those things that give life meaning and worth. Our Sunday services give us a moment to stop, breathe, and remember the core values with which we want to live our lives. It is also a way for us to connect with each other through collective reflection, thought, sharing and conversation.

Our services are followed up by a coffee and social hour.



MUSIC

We have talented musicians and a church choir to perform during Sunday services. In addition, we have student singers who help sing hymns with the choir and perform in smaller groups. Anyone interested in singing can join the choir, no matter what their skill level or musical background. All are welcome!

To learn more, talk to any choir member during the social hour after any Sunday service.



WORSHIP SUPPORT: The warm smiles and friendly greetings we receive each Sunday morning are from the greeters who are responsible for distribution of guest name tags, visitor packets and order of service. We also need volunteers to provide sanctuary flowers and light snacks for coffee hour.

Contact: Church Administrator



WORSHIP ASSOCIATES

Worship Associate volunteers introduce Sunday Services, light the Chalice, present opening words and get the Sunday services started.

Our committee meets the first Sunday of each month to work with our minister, plan lay-led services, decide on guest speakers, and deepen our learning about maintaining worship that challenges, comforts and is meaningful to our congregation.

Our role is to provide continuity to all our services, and ensure each service is positive, meaningful and spiritually satisfying. We support membership growth. We communicate weekly with the amazing church staff and volunteers to put together a Sunday service for everyone to enjoy.

The Worship Associate Committee supports Rev. Dr. Paul Johnson in his ministry. We help locate, organize and oversee visiting speakers. Worship Associates need to project warm and positive energy, and be good readers and listeners. The Associates' schedules are mutually agreed upon and most people serve once every six weeks.

Lin Olson

FELLOWSHIP

ADVENTURE CLUB

Once a month from October thru May, The Adventure Club organizes, promotes, and conducts outdoor activities for the congregation.

The adventures usually begin around 9:00am, and return home by 3:00pm, including car-pooling (unless you drive yourself), visiting one site in the morning, having lunch and then often visiting another nearby site in the afternoon. Most adventures are free, but some parks have entrance fees. You pay for your own lunch. No money is collected in advance, unless the venue requires advance registration with payment.

1) **Thursday October 25, 2018 - 10:00am-3:00pm:**

Hiking on the Hog Hammock Trail, West Palm Beach

Two-mile hike, roundtrip - A crushed shell/rock gravel trail with intermittent boardwalks. Restrooms and water at parking area, Shelters along trail. Parking is at the Watershed Management building at 8537 Northlake Blvd. We'll have lunch at a good local restaurant in North Palm Beach.

2) **Friday, November 30, 2018 - 5:00pm-9:00pm:**

IRSC Hallstrom Planetarium Show "Star of Wonder"

20 persons max. \$5/person *Prepayment is required!*

What was the mysterious star that guided the Magi? Could it have been a comet, a meteor or a supernova? Find out as we take the Planetarium back in time more than 2,000 years to recreate the skies over Judea. *Star of Wonder* has been a family holiday tradition since 1993. Dinner is at a local restaurant in Ft. Pierce.

4) **Thursday December 13, 2018 - 10:00AM:**

Diva Duck Amphibious Tour of Palm Beach Lagoon

(40 persons max) \$27/person (561) 844-4188

Manatee Lagoon Tour 2:00 pm free

Park at City Place & meet at the Cheese Cake Factory, where we'll also have lunch. Then we go to 100 Broadway, Riviera Beach, FL 33404 for part two of our tour. Learn about manatees and the Lake Worth lagoon from our own manatee master.

5) **January 22, 2019 - 10:00am-3:00pm:**

Florida Oceanographic Coastal Center \$12/person

The House of Refuge Museum \$8/person

We'll have lunch at a good local restaurant.

ADVENTURE CLUB continued

6) Tuesday, February 19, 2019 - 10:00am-4:00pm:

McKee Botanical Garden with Seward Johnson's Cast Bronze Figure Exhibition

Adults: \$12.00 Seniors: \$11.00

Vero Beach Museum of Art

Adults \$10, Seniors \$9

We'll have lunch at a good local restaurant.

7) Thursday March 21, 2019 - 10:00AM-4:00PM:

***Wildlife Sanctuary Tours: 1) Loxahatchee \$7/car or Senior Federal Pass/car
2) Wachodahatchee free***

We'll have lunch at a good local restaurant.

8) Thursday April 18, 2019 - 11:00am-4:00pm:

McCarthy's Wildlife Refuge

20 persons max. \$35/person. *Prepayment is required!!*

Busch Wildlife Sanctuary donation

We'll have lunch at a good local restaurant.

9) Thursday May 23, 2019 - 10:00am-2:00pm:

A Day at the Beach, Peanut Island, West Palm Beach

We'll take a water taxi ride, cost TBA, then enjoy swimming, snorkeling, beach games and a picnic on scenic Peanut Island.

All Adventure Club Events Are Coordinated & Led By Fred Dembowski. Everyone orders and pays for their own lunch. If you don't want lunch, please let Fred know as he will be making reservations.

INSTRUCTIONS: You must make a reservation for each event by sending an email to: drfdembowski@aol.com for each event you want to attend, including the number of people, their names and cell phone numbers. An email with complete details for each event will be sent one month in advance. Please place these events on your calendar.

IMPORTANT: For events that require prepayment, please make your reservation by email as instructed above, but also mail a letter for each event you want to attend with the names and numbers of every one in your party. Include a check payable to Fred Dembowski for the full amount of each event, as Fred has to prepay for all persons to secure the reservation. *Your reservation will not be complete until Fred has received your mailed request with completed payment. Your reservation is only confirmed once you receive an email with the reservation confirmation and receipt of payment.*

Send letters with complete payment for each prepaid event to: Fred Dembowski, 7945 SE Double Tree Drive, Hobe Sound, FL 33455. PH: 772-932-1358 (cell) 772-324-8049 (home).

SOCIAL

October 22, 2018: UU Game Afternoon

2:00PM-5:00PM

Join Rev. Paul for an afternoon of games. Possibilities include Scrabble, Trivial Pursuit, and more. Bring your own games and we will make a decision about which to play. If we get enough people, we'll have several different possibilities. Beverages will be available. Come when you can. Leave when you must.

Contact: Rev. Paul Johnson

December 21, 2018: Christmas Party

7:00PM-9:00PM

Come and be entertained by a variety show with a "cabaret" theme along with Christmas refreshments. Our Music Committee will provide entertainment and lead a singalong for an evening that promises to be full of fun and fellowship.

Contact: Jackie Maye

January 1, 2019 New Year's Day Reception

2:00PM-4:00PM

Join us in celebrating the New Year with music and a dessert party as we welcome new friends, a new year and new beginnings. Please bring yourself and a snack to share. Coffee, tea and juice will be provided. If you desire an additional beverage, BYOB. Our Music Committee will provide entertainment.

Contact: Rev. Paul Johnson

COOK'S NIGHT OUT

On the second Tuesday of each month, a group of about a dozen people get together at 5:30pm, to enjoy dinner in a casual setting where no one is the host or the cook. Come and enjoy local restaurants and good conversation. Sign-up sheets are in Heston Hall, as we need to make reservations at each restaurant.

Contact: Ronnie Dembowski

UU WOMEN'S LUNCH

Join other women over lunch for an engaging and social gathering, where the group can discuss issues of interest, from the physical to intellectual and spiritual. Enjoy the company of other women over an informal meal. Lunches are at various locations on the fourth Friday of each month from 11:30am to about 1:00pm. Locations are announced two weeks in advance in the Friday Update, and signup sheets are in Heston Hall.

Contact: Ann Nozawa

SILENT AUCTION

The January 26, 2019 UUCTC Auction gives members and friends the chance to bid on items, events, and services donated by UUCTC members. The silent and live auctions raise funds for the church and build bonds of fellowship. Best of all, it's fun! Please consider any goods and services you can donate to the auction, such as hosting a dinner party, donating a piece of art, pet-sitting services and more. Contributions for the bake sale are also welcome. We'll serve snacks and beverages.

Contact: Fred or Ronnie Dembowski, or Bill Falk.

**ANNUAL UUCTC
SERVICES AUCTION
JANUARY 26, 2019
2:00-5:00PM**



ART IN THE NARTHEX

Our Narthex Art Gallery is in the main hall of our church, as you enter the front entrance. We welcome artists from our congregation and from the local community to exhibit their work. Our goal is to champion local artists and performing artists, while encouraging creativity and enriching the visual beauty of our facility.



The 2018-19 season schedule for Art in the Narthex launches November 4 with a fiber arts display by Marcy Pitkin and the Children's Ministry. The season schedule is as follows:



November 4-30, 2018: Fiber Art Quilts by Marcy Pitkin and Creative Art by the Children's Ministry.

December 2018: Mixed Media Artist Corina Pelloni

January 2019: The Waterway Women: Sandra Odell, Ruth Lyons Fox and Bailey Walker Bartlett paintings

February: Mixed Media by Artist Sally Pearson

March: Artists from the Martin County Art Associates

April: Artist Diana Dean "Travels and Adventure"

May: Mixed Media and Fabric by Barbara Fugazzotto

Contact: Ruth Fox, Corina Pelloni, Dixie Gray.





INTERFAITH ALLIANCE OF THE TREASURE COAST



UUCTC is part of a broader community effort to bring the Treasure Coast Faith Communities closer together to better serve area residents through joint social action, social witness, interfaith services, connection and fellowship.

One of the first initiatives is an interfaith service. All are welcome to attend, get acquainted, make connections, and worship together.

Interfaith Thanksgiving Service

November 18, 2018 at 4:00 pm
Afternoon coffee and fellowship to follow.
Service to be hosted by the
Unity of Stuart, 211 Southeast Central Parkway
Stuart, FL 34994

Questions or more information: contact
Roberta Scott at scottberta623@gmail.com or (772) 631-1233



EDUCATION: CHILDREN AND ADULT

The focus of our Religious Education Program is the strengthening of Unitarian Universalist identity, engaging in social action, and using our UU Principles as a guide to help us make important life choices. In both children and adult classes or meetings, participants engage in open-minded conversations with the goal of learning to respect and to accept others' opinions when they differ from of one's own.

The success of the UUCTC Religious Education Program depends on a reliable group of enthusiastic volunteers who form lasting relationships with participants of all ages. Leaders, advisors, facilitators, teachers, and assistants are parents, non-parents, church members, and friends.

CHILDREN

Children's Ministry at UUCTC



We are people with open minds, helping hands, and loving hearts.

Unitarian Universalist children's programs build resilience by offering support through life's tough times and encouraging each child to connect with his or her own quest for purpose and meaning. Kids learn respect for others and for themselves. They experience spiritual practices and learn ways to center themselves, whether by sitting cross-legged and taking a few deep breaths, giving thanks before they eat a meal, or looking up at the stars in wonder. Our programs create peer connections that break the patterns of school or neighborhood social scenes, allowing children to build genuine friendships that bridge differences.

UU religious education is goal-oriented in one way: We seek an outcome of respectful, responsible, life-loving kids. We make sure our kids know they are valued for who they are, and we teach them the value of showing others the same deep acceptance. Come and see how it's done!

Weekly Programs

At every 11:00am Sunday service, children start in the sanctuary with a "message for all ages," and then we sing them into their classrooms. Nursery care is also available for each service. In class, we begin with a chalice-lighting ritual and each child takes a turn sharing personal joys and sorrows with our class community. We then begin collaborative lessons from UU curriculum chosen by the Family and Children's Ministry Team.

Children are welcome to visit or join an RE class at any time during the year! If you have any questions or would like to know more, please contact the Children's Ministry Team through the church administration office.

Special Events

Water Communion: Autumn in-gathering service. Congregants bring water (or proxy water) collected from spiritually significant experiences during the summer months. The Water Communion is an annual, special service for all ages. Children share with the congregation about their school year ahead.

Flower Communion: A spring ceremony, during which congregants bring flowers that hold special significance to them. We exchange the flowers during the service.

Labor Day Picnic Service: An inter-generational Sunday service on Labor Day weekend that includes a potluck picnic and games for all ages.

Blessing of the Pets: Congregants bring their family pets, or photos of them, in a service where we share and reflect on the special role our creatures play in our lives and in our hearts.

Child Dedication Ceremony: In this beautiful ritual, we welcome, affirm and celebrate the light in a child, while pledging as a congregation to partner with, and support, parents and family in the child's spiritual upbringing.

Other events: We engage the children in many other aspects of church and community life, such as family potlucks and game nights, cooking for the homeless and indigent with Nutrition Masters, helping the Social Responsibility Committee and packing food on volunteer days with the Treasure Coast Food Bank.
Contact: Caitlynne Palmieri

ADULTS

Events at UUCTC

BALLOT AMENDMENTS Thursday, October 25, 2018 6:30PM

There will be over a dozen state constitutional amendments to consider on the upcoming November ballot. Bernice Laurendan, congregation organizer with Faith in Florida, will be on hand to explain the amendments and lead a discussion in a non-partisan fashion. This event is a presentation of the Interfaith Alliance, of which our congregation is a member.

PIZZA NIGHT Friday, October 26, 2018 5:30PM

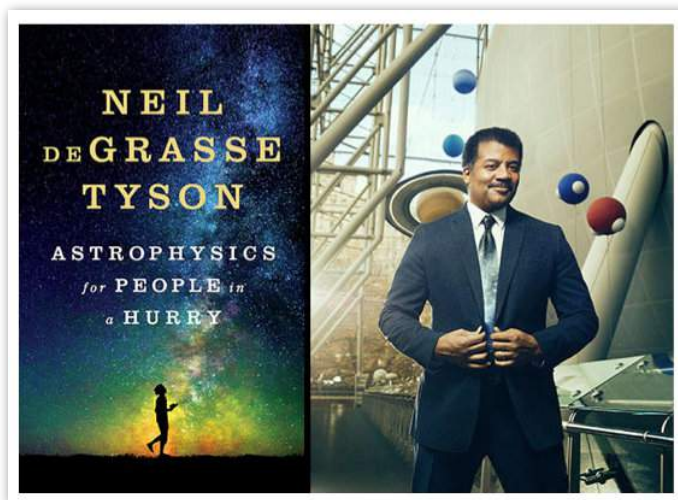
Newcomers, recent visitors, new members, all are welcome at this fun orientation to our congregation, hosted by the Membership Committee. This is an opportunity for those interested in learning more about our church, our faith, who we are and what we want to be, and to do so in a casual environment. Our first pizza night of the season is Friday, October 26, 2018. We will announce new dates as available. Food and refreshments are provided.

WEDNESDAY MORNING BOOK DISCUSSION CLUB Wednesdays 10:30am

The Book Discussion Club is open to everyone. This group has a long tradition of selecting books that provide faith insights from well-regarded authors of their time. If you are interested

in lively discussions, new insights, sharing and challenging your views of the world, you will have a warm welcome to this group. *Contact: Pat Birt*

UUCTC SUMMER READ DISCUSSION Sunday, October 28, 2018 12:30-2:30 PM



Astrophysics for People in a Hurry by Neil DeGrasse Tyson

After the Sunday Service, join Rev. Paul as he leads a discussion about Neil DeGrasse Tyson's *Astrophysics for People in a Hurry*. With sparkling wit and clarity, Tyson delves into the Big Bang, black holes, quarks, quantum mechanics and the search for extraterrestrial life, as well as the overarching issue of how we fit into the universe – and how the universe fits into us. All of this is covered in 244 understandable pages – and they are small pages at that!

**INQUIRER'S SESSIONS Sundays at 12:30PM: October 7, November 4,
December 2, 2018, January 6, 2019.**

Rev. Paul will present an introduction to Unitarian Universalism and our congregation for those who are new to us. There is no need to pre-register. Sessions usually last about an hour, depending on the number of attendees. There will be time for questions and answers.

ROBERT'S RULES OF ORDER DEMYSTIFIED Sunday, March 17, 2018 12:30-2:00

Is Robert's Rules of Order both a mystery and irritation to you? You are not alone. Every UU Congregation uses them, so join us as Rev. Paul Johnson helps us master the rudiments!

TUESDAY AFTERNOON FILM SERIES January 8 to February 5, 2019

Tuesday afternoons at 2:00 pm, followed by discussions led by Rev. Paul Johnson

January 8: *To Live* (China, 1994)

This classic by director Zhang Yimou portrays the story of a family moving from wealthy landownership to peasantry during China's tumultuous years of the 40s to the 70s.

January 15: *Departures* (Japan, 2008)

With the breakup of his Tokyo orchestra, a young cellist returns with his wife to his hometown. Seeking employment, he answers an ad for work in "departures" thinking it has to do with the travel industry. It turns out to be something quite different. It won the Best Foreign Film Academy Award.

January 22: *Omar* (Palestine, 2013)

This is a tense, gripping thriller about betrayal, suspected and real, in the Occupied Territories.

January 29 *Everlasting Moments* (Sweden, 2008)

Directed by five-time Academy Award nominee Jan Troell, this film, set in a time of social unrest, war and poverty, tells the true life story of a young, working-class woman who wins a camera in a lottery. The decision to keep it alters her whole life.

February 5 *The Trial of Viviane Amsalem* (Israel, 2015)

This is an amazing and infuriating account of a woman's quest for a divorce.

Please join me for these films, which I have found both entertaining and meaningful. I look forward to discussing them with you. *Rev. Paul.*

UNITARIAN UNIVERSALIST, THEN AND NOW Saturday, January 12, 2019

9:00AM-2:00PM



Join Rev. Dr. Paul Johnson as he navigates us through highlights of our entire UU history, starting with the First Century A.D. and continuing to the present day. Lunch will be served.

Contact: Church Administrator

Lunch sponsored by the Membership Committee

JAMES LUTHER ADAMS AT HOME Sunday November 18, 2018

12:30PM

Adams (1901-1994) is widely considered the foremost Unitarian Universalist theologian/social ethicist of the 20th century. A group from the UU congregation in Arlington, Va., visited him at his Cambridge, Mass., home shortly before his death. Their videotaped conversation with him reveals a scintillating raconteur with a good deal of wisdom for contemporary Unitarian Universalists. Rev. Paul will lead a discussion.

WISDOM CIRCLE Thursdays 2:00PM-4:00PM: February 28, March 7, 14, 21, 28, 2019

The circle, an ancient form of gathering, has reappeared in recent times as a way to share dreams, address urgent personal and social concerns, and deeply explore things that have meaning in our lives. Rev. Paul invites you to join a circle over five weeks to share and learn together, as we respond to such questions as:

- What is something that you're proud of? This can be something you received recognition for, or something that no one knows about except you. Please, do not be modest.
- What was an event or period in your life that was particularly painful? Ask your wisest self to guide you as you answer this question: What important life lesson came from this time that you might now regard as a gift?
- Is there anyone you consider to be a role model or teacher? If so, who and why?
- What makes you angry? Why?
- What attitudes toward people from other races, religious groups or ethnic groups did you inherit from your parents or others?

- What people are you deeply grateful for in your life? Why?
- What courageous steps do you most need to take now in your life? What people and circumstances are most supportive? Most hindering?

It is not necessary to commit to be at all sessions. There will be a sign-up sheet in Heston Hall for those who wish to participate, or you may call Debi, our office administrator at 772-223-5020.

YOGA Mondays 5:30PM-6:30PM Starting December 3, 2018

This is a free program that offers ongoing yoga and meditation workshops each Monday in the Sanctuary. Beginners are welcome, as are all experience levels. Lessons are taught by Diana Dean, Mandani Bishop and Janani Cleary. Please bring your own yoga mats as there are a very limited number of extras.

MEDITATION Thursdays 6:30-8:00P Starting November 29, 2018

Clear Bell Meditation practitioners meet weekly for sitting and walking meditation, and for mutual support. We seek to develop a new relationship with the turbulent forces within us that are the source of all suffering. We seek to transcend those forces and achieve a view that leads to peace, equanimity and joy for ourselves and others. Our members report a reduction in stress and anxiety as a practical outcome of our efforts. Our warm and inviting practice is suitable for those at all levels of experience in meditation, including first-time meditators. For further information, visit www.clearbellmeditation.com. *Ken Teixeira*

SERVICE

We feel blessed to have a beloved community that both nurtures and sustains us. We embrace service, we give of ourselves, our time, our talent and our treasures to ensure our congregation thrives. In this way, we know we can be resilient in the face of whatever challenges we may face. It is not enough to only look inwardly. Service to the wider community is equally important to us. Finding ways to foster resilience among the parts of our community that have the most need, deserves our time, our talent and our treasures. It is outside our beloved walls that we set about making the world a better place for all. We invite everyone to get involved in our committees, especially our Social Responsibility Committee, which works to make a difference in the lives of people in our community.

SOCIAL RESPONSIBILITY

The committee charter is to actively promote the second and sixth UU principles: 2) Justice, equity and compassion in human relations; and 6) The goal of world community with peace, liberty and justice for all. Each year, the committee organizes participation in community events that advance these goals. These activities have included, but are not restricted to:

- a) Membership in the Martin County Rivers Coalition
- b) House of Hope charity drives
- c) Pride Day events
- d) Nutrition Masters meal preparation for the homeless and food-disadvantaged

- e) Anti-gun violence measures
 - f) Civil Rights parades and activities
 - g) Commitment to Family Promise in Martin County
- Together, we CAN make a difference!

NUTRITION MASTERS

Regularly, UUCTC members join to cook a meal for 50 to 60 homeless residents of Martin County. These meals are delivered to those among us who are at the lowest ebb, through the agency of other organizations with which we partner. These include Tent City Helpers and LAHIA, the acronym for Love And Hope In Action.

These organizations provide ancillary services that help our clients find homes or jobs, and get in touch with family members. Through these partnerships, dozens of people have risen from hopelessness and literally gotten out of the woods.

The UUTC kitchen is a spacious place for us to prepare nutritious and tasty meals in volume. The entrees are prepared by adults from our congregation, and desserts are often prepared by the Family and Children's Ministry Team of the UUCTC. It's a family effort here to reach a hand out to those most needy individuals in the surrounding community.

Join us for a rollicking meal preparation! The UUCTC office will be happy to connect you with Nutrition Masters. We always have a schedule of meals needing energetic assistants, and we always need leaders to become chefs, design and manage meal preparation. Check with the office for contact information. We look forward to working with you soon!

UUCTC COMMITTEES

The Board of Directors sponsors a Committee Join-up Event where you can visit with the various committee chairs to learn about their committee charters and current year goals. We encourage everyone to attend and find a spot where you can share your talent, time and treasure.

Membership Committee: Greets visitors each Sunday, holds New Unitarian Universalist (UU) classes as well as membership ceremonies. The committee helps visitors and members connect within the congregation, provides appropriate publications relating to membership, maintains contact with friends and members who come irregularly.

Contact: Ann Nozawa and Janet Groat

Worship Associate Committee: Provides assistance to ministers presenting Sunday services. Activities: Ensure the chalice is ready for lighting, prepare and give readings and announcements, and plan and arrange for speakers and services. Being a Worship Associate includes speaking from the pulpit at Sunday services.

Contact: Lin Olson

Operations Committee: Responsible for the appearance and maintenance of the church. Organizes scheduled workdays.

Contact: Bruce Olson

Grounds Maintenance and Green Team Subcommittee: Responsible for the appearance and maintenance of the grounds. Stewards of the Eco-sanctuary Project.

Contact: Dana Fickeisen

Pastoral Care Committee: Coordinates support for members and friends in times of personal crises and need, such as transportation, shopping, friendly visits and hugs.

Contact: Ruth Fox

Annual Pledge Drive Committee: Appointed by the Board of Directors. Plans and coordinates the Annual Commitment Campaign (February through April) to support our operating budget. Performs a continuing canvass throughout the year for new members and friends.

Contact: TBA

Nominating Committee: Appointed by the Board of Directors. Annually provides slates of nominees to fill church leadership positions. Throughout the year, assists in filling vacancies. Assists with leadership development.

Contact: Karen Frank

Investment Advisory Committee: Appointed by the Board of Directors. Recommends investments strategies to grow the endowment fund established by the church through savings and investments. Keeps track of contributions and the growth of accounts.

Contact: TBA

Personnel Committee: Develops personnel procedures covering church employees. Ensures regulatory compliance. Serves the needs of our employees, oversees evaluations, contracts, etc.

Contact: Karen Frank

Finance Committee: Works with the Treasurer and other member leaders to maintain the financial health of the church, prepares the annual operating budget for the congregation, oversees the commitment campaign, maintains pledge records and helps everyone better understand financial stewardship.

Contact: Chris McAfee

Social Responsibility Committee: Identifies, develops and coordinates education and social action programs to address societal issues and concerns of importance to the congregation.

Contact: Betty O'Brien

Children's Ministry Committee: Engages children in various aspects of church and community life, and provides collaborative lessons from UU curriculum chosen by the Family and Children's Ministry Team.

Contact: Caitlynn Palmieri

Hospitality Committee: Arranges coffee and refreshments for Sunday morning fellowship gatherings. May be called upon to help with an occasional reception or special function.

Contact: Ronnie Dembowski

Music Committee: Oversees the musical needs of the congregation, maintains instruments, and plans musical fundraisers. The committee engages students to perform with the choir.

Contact: Jackie Maye, Ted Clisby

Art in the Narthex: This committee's mission, among other things, is to recognize the artistic talent of the congregation and local artists with a gallery space within our building. The Art in the Narthex Committee meets every second Monday of each month.

Contact: Ruth Fox

Nutrition Masters: UUCTC prepares two meals monthly for the homeless and food insecure. The group partners with Tent City Helpers and LAHIA.

Contact: Ken Teixeira

WAYS TO HELP

○ **Administrative:** We periodically need help with such things as assembling mailings, computer data entry, filing, phone calling, answering the phone, staffing the office during staff vacations and augmenting the staff with volunteers during projects.

Contact: Church Administrator

○ **Building Maintenance:** We need people with a variety of talents who are willing to help maintain our facility. Carpentry, electrical, HVAC, plumbing, equipment repair, power washing, and window cleaning and other skills are needed.

Contact: Bruce Olson

○ **Grounds Maintenance Subcommittee:** We need people with a variety of talents to help maintain our grounds.

Contact: Bruce Olson

○ **Pledge Drive:** Help make our annual commitment campaign successful by assisting with publicity, presentations, planning the fellowship dinner and by serving as a canvasser. Normally, you will be asked to canvass four to six other members or friends.

Contact: Karen Frank

○ **Caring Committee Helper:** Provide support to members and friends in times of personal crises and need, such as preparing meals, providing rides, shopping, friendly visits and hugs.

Contact: Ruth Fox

○ **Hospitality:** Help make coffee or provide refreshments for Sunday services. At times, we need volunteers to help with a reception or special function by donating food, or by doing some baking, cooking, etc.

Contact: Ronnie Dembowski

○ **Religious Education Support:** We often need volunteer help as RE Teachers and Substitutes, assisting with family holiday parties, help with administrative tasks, and playing music for children's classes.

Contact: Caitlynn Palmieri

○ **Ushers:** Sanctuary setup, lighting, seating, assisting with seating, and offering collection.

Contact: Lin Olson

VISITOR, FRIEND, OR MEMBER?

Explore Your Relationship Options with UUCTC

Many people rightly wonder what responsibilities come along with membership. As a member of UUCTC, you are responsible to:

Yourself - in your pursuit of a personal spiritual journey.

Others - in your participation as a member of a shared community.

The Congregation - in your commitment of financial support in the form of an annual pledge, as well as the gift of your time and talents.

Would you like to know more about Unitarian Universalism and UUCTC? Our minister holds "Inquiry" events throughout the church year to explore whether membership at UUCTC is part of your spiritual journey. Please contact us by email and let us know you are interested in attending, but the desire for a formal membership is not necessary. Read our UU informational pamphlets at the entrance to Heston Hall. In addition, you can join any of our Sunday Services where members and the minister are available. Our membership committee can also help you with any questions you might have.

WHAT DOES IT MEAN TO BE A FRIEND OR A MEMBER?

Many UU congregations have just two types of people: Visitors and Members. Until you are ready to formally join the congregation, you are a Visitor. UUCTC has an additional level of affinity: Friends. A Friend is someone who is in alignment with our values and wants to have a closer relationship with the congregation. Friends are invited to become involved in almost all programs and events. A Friend can join the choir, join a committee, make a financial commitment through pledging and do almost anything else a Member can do. In fact, we expect our Friends to do all of these things, and more. The main differences are that a Friend cannot chair a committee, serve in an elected office or take part in a congregational vote.

If you are a Visitor or a Friend who would like to become a Member, please talk to the person at the welcoming table on Sunday morning. We like to have all new members take part in a conversation about expectations, responsibilities and benefits of membership, and to complete a pledge card. You may have this conversation with the President, Minister or Membership Committee Chair. Once we have received your completed pledge card, we will ask you to sign our membership book to formalize your commitment.



If you are a Visitor who would like to become a Friend, you must check with the church administrator to be sure she/he has your complete contact information for our church directory (you will also receive a directory of your own). Each week, you will receive the Friday Update e-newsletter to keep you informed about church happenings, and you will be put on the contact list for committees. You will be expected to take an active role in the life of the congregation, including making a pledge to the best of your financial ability. For more information about committees, brief descriptions are listed in this guide.

CONNECTING OUR COMMUNITY

Each member and friend is asked to get involved in the activities in our church. Volunteering just four hours a month will increase the ability of UUCTC to fulfill our vision. Just as the church cannot operate without your financial help, it cannot operate without your time and talent. Your talents are needed to help us build a larger presence.

Our sincere hope is that you make an educated, meaningful decision to become part of our congregation for life. We hope that our church and our UU Faith becomes an integral part of who you are as a person. Please reach out to the Minister any time you have doubts, questions, concerns about your spiritual path.

Love is the Spirit of this Church.

Recent History of our Church

October 2016 Rev. Dr. Paul S. Johnson joined us. He holds Doctor of Ministry and Doctor of Divinity degrees from Meadville Lombard Theological School, Chicago. Rev. Paul has served Unitarian Universalist Congregations in Minnesota, Maryland, Virginia, New Jersey and New York. He served two terms on the Board of the Meadville Lombard Theological School, on the Denomination Commission on Social Witness, and as president of the national Unitarian Universalist Minister's Association.



November 2016 We dedicated our new Sanctuary. Made possible by the generosity of a small group of long-term members, our Sanctuary and Narthex are mortgage-free, as is the connecting wing that houses Heston Hall, a commercial kitchen, offices, and educational space. Occupying a prominent space on our four acres of lush South Florida land, our beautiful facility, designed by Kelly and Kelly Architects of Stuart, FL, reflects the historic "Cracker Florida" style with modern spaciousness, light and space.

May 2017

We began to create an eco-sanctuary on the 1.5 acres of land behind our church. Our intention is to transform the property into habitat for bird feeding and nesting stations, playing fields for after-school recreation, rain gardens with butterfly and herbal themes, walking paths, and an outdoor space for special events such as weddings. Working with volunteers and donors, the transformation of the grounds is expected to take a few years.



It is hoped that the eco-sanctuary will increase awareness of, and provide an example for, excellence in environmental stewardship. A key component of the project is the involvement of our neighbors – the Bridges Montessori School, Advocates for the Rights of the Challenged (ARC), and StarStruck Academy and Children’s Theater - to determine how best to integrate the eco-sanctuary into existing programs, curricula, and special events.

To stay abreast of what’s happening at the TCUUC, just go to our website at tcuuc.org/calendar, or click on the calendar on our home page at tcuuc.org.



TCUUC.org.



[@TCUUC.Stuart](https://www.facebook.com/TCUUC.Stuart)

UPCOMING EVENTS - EVERYONE WELCOME!

Monday, October 22	2-5pm	Join Rev. Paul for an afternoon of board games. Come when you can. Leave when you must.
Thursday, October 25	7pm	Ballot Amendments are explained.
Friday, October 26	5:30pm	Pizza Night. Newcomers, visitors, members are all invited to share some food and learn more about our church and our faith.
Sunday, October 28	12:30-2pm	UUCTC Summer Read Discussion: <i>Astrophysics for People in a Hurry</i> by Neil DeGrasse Tyson.
Sunday, November 4	12:30pm	Inquirer's Session, for those who want to learn more about our congregation. No need to register in advance.
Saturday, November 10	12-4pm	All Congregation Workshop led by regional staff to help us develop a Covenant of Right Relations.
Sunday, November 18	12:30pm	<i>James Luther Adams at Home</i> . Film and discussion about the leading UU ethicist of the 20 th Century.
Sunday, November 18	4pm	Interfaith Thanksgiving Service at Unity of Stuart, 211 SE Central Parkway. Coffee and fellowship to follow.
Sunday, December 2	12:30pm	Inquirer's Session, for those who want to learn more about our congregation. No need to register in advance.
Friday, December 21	7-9pm	Christmas Party with <i>Cabaret</i> music theme and refreshments.
Tuesday, January 1	2-4pm	New Year's day reception with a music and desert party.
Tuesday, January 6	12:30pm	Inquirer's Session, for those who want to learn more about our congregation.

UPCOMING EVENTS - EVERYONE WELCOME!

Saturday, January 26	3-6pm	Live and silent auction. Bid to win great prizes! A fun fundraiser for the UUCTC.
Friday, February 8	5:30-7pm	Kickoff reception for month-long art show by Sally Pearson Browning and her students.
Friday, March 1	5:30-7pm	Kickoff reception for month-long juried art show by Art Associates of Martin County.
Tuesday March 12	2-4pm	Second weekly movie series begins. Four films moderated by Kambiz Razzaghi through April 2.
Saturday March 16	5-7pm	Stewardship Dinner.
Wednesday, March 20	2-4pm	ACLU Chairperson Veverly Gary Hamilton addresses the issue of the high school-to-prison pipeline.
Thursday, March 21	7:30pm	Excursion to the Hobe Sound Nature Center for a presentation on gopher tortoises by expert Andre Lueling.
Thursday, April 18	11a-4pm	Adventure Club excursion to McCarthy's Wildlife Refuge. Reservations and payment in advance.